



# PHI ETA SIGMA $\Phi$ $H$ $\Sigma$ HONOR SOCIETY NEWSLETTER

Passion. Education. Service.

Volume 1, Issue 3  
February 2013

## What's Been Happening?

- ⇒ At the last general body meeting, 44 members attended! We were very excited to see so many members come out.
- ⇒ We discussed possible T-shirt designs & upcoming service opportunities. These were emailed out.
- ⇒ Remember, members who attain 3 points by April 1st will receive a FREE PES T-shirt!

⇒ Send us more T-shirt designs!

Possible T-shirt design submitted by Arielle Clute.



## MEMBER OF THE MOMENT

*Rachel Balow*

Major: Biochemistry  
Future Career: Physician

"As a freshman, I was involved with Carver Promise. I also do some volunteer work for the rescue foundation where I adopted my dog from: Houlagan's Rest in Midlothian.

By far the most meaningful service that I do, however, is through ASK. ASK is a nonprofit organization right here in Richmond that helps to fund MCV's Pediatric Oncology/Hematology clinic. I got involved as a clinic assistant when I was a first-semester freshman. It is a relatively small clinic, so I got to know the kids and their families personally rather quickly. The things that these kids and families have to go through are certainly not fair, however ASK undoubtedly makes their journey a little easier. I knew I wanted to get other people connected with this organization and all the wonderful things they do, so I started a student organization called Friends of ASK this fall. Working with ASK has been the best kind of community service: one in which you give a lot, however you receive even more in return."



Fun Fact: "In 6th grade, I beat my school record for pull-ups during physical fitness testing. I did 15!"

## SCHOLARSHIP OPPORTUNITY

### Phi Eta Sigma National Scholarships

"The VCU chapter may put forward 2 undergraduate student applications to the National Office for scholarship consideration."

-Mrs. Connolly, Chapter Advisor

Application is due February 26th, 2013. Turn in all materials to the Honors College, Attn: Mrs. Connolly.

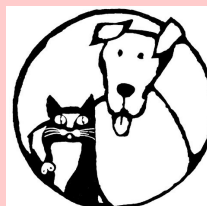
#### Possible Scholarships:

- One Thomas Arkle Clark Scholar-Leader of the Year Distinguished Member Endowed Scholarship of \$10,000
- 6 Distinguished Member Endowed Graduate Scholarships of \$7,500 each for the first year of full time graduate study
- 36 Distinguished Member Endowed Undergraduate Scholarships of \$6,000 each for full time undergraduate study
- 24 or more undergraduate awards of \$1,000 each for full time study.

Application attached to email

### Richmond SPCA

- Consider volunteering your time to help our local furry friends in Richmond!
- Details on how to get involved with the Richmond SPCA at this website: <http://www.richmondspca.org/page.aspx?pid=303>



Be active at your university and in your community. Log your points on the VCU Phi Eta Sigma myORGS page. Any questions or concerns? Talk to us!  
[pesvcu@gmail.com](mailto:pesvcu@gmail.com)