

Pancake & Movie Night When: Thursday, November 29th, 7-9 PM

Where: Honors College

**Multipurpose Room** 

What to bring: Appetite,

pajamas, blankets, holiday

movies, your friends!

**Richmond Grand** 

Illumination

When: Friday, November

30th, 5:30 PM

\*Email us if you would like

to join our PES group

Where: Meeting on cam-

pus (TBA) & heading

downtown

Volume 1, Issue 1 November 2012

# **MEET THE OFFICERS**

SERVICE CHAIR

Rakhi Melvani

(not pictured)

Biology, Psychology

Major, Chem minor,

Pre-Med

Fav. Quote:

*"Faith is about* 

doing. You are

how you act, not

just how you

believe." -Mitch

Albom

"Hannah's Women, Inc.

will be helping out a

family in NJ who lost

everything in Hurricane

Sandy. Items will be

collected November 16th

- December 19th. Dona-

tions needed include

linens, school supplies,

gift cards, toys, toiletries,

and new or gently used

clothing and shoes. For

ahoo.com.

\*Most service info

provided by Beth Ward

#### TREASURER

Alex Taylor

Psychology Major/Chem minor, Guaranteed Medical Program

Fav. Quote: "Decide that you want it more than you're afraid of it." - Bill Cosby

#### SECRETARY

Erin Smith

Mass Communications. Advertising concentration

Fav. Quote: "The most important days in your life are the day you were born and the day you figure out why." -Mark Twain

# **UPCOMING SERVICE EVENTS**

#### Volunteer in the Richmond

#### **Christmas** Parade

#### Saturday, December 1st

Balloon handlers needed from 8 AM to 1 PM. Transportation provided & you get a free sweatshirt!

Contact Beth Ward @ bhward@vcu.edu.

LET'S GET A GROUP **TOGETHER!** 

Contact us at to join a group!

#### Freedom House: Spread Some Joy!

"Freedom House operates 2 transitional shelters for the formerly homeless, the Community Shelter and Sean's Place. "Adopt" a resident this holiday season & help provide them with gifts this holiday."

Want more info or want to help out (request a name of a client)? Contact Christy Ellis at 804-233-4064, ext. 209 or cellis@freedomhou serichmond.org.

# Salvation Army's Angel Tree Program

Volunteers staff angel trees in malls (which have holiday wishes from children in need), sort the donated items & much more!

Want more info? Contact Christine Johnson at Christine\_Johnson@ uss.salvationarmy.org or call 804-591-3826.

The Down Syndrome Association of Greater **Richmond's Santa Brunch & Holidav** Party

Friday and Saturday, December 7th & 8th "Volunteers needed for gift wrapping, setup, decorations, food prep and serving, gift distribution and more!" For more info and to sign up to volunteer, please

genius.com/go/60B0E4 EAFAE22A64-santa. Use the pass

more information, including the children's clothing sizes, or to schedule a pick up" contact (804)-343-0952 orhannahswomen@y

go to: http://www.signup

code HOLIDAY2012

### 7 Steps to Becoming an Extraordinary Member

- ✓ Come to general body meetings
- ✓ Serve others (through) various events & projects) \*can be service PES announces or events found on your own
- ✓ Notify us of the service you participate in (pesvcu@gmail.com)
- Be an active member Receive 3 or more points (through each service event/project, attending PES meetings & events) \*3 points required to be considered and noted as an active member
- Maintain excellent study habits & grades
- ✓ Maintain a positive attitude
- ✓ Let us know what YOU want from the society

Extraordinary members will be recognized as "Members of the Moment" in future newsletters

Keep an eye out for emails from Phi Eta Sigma about next semester's meetings, service, and events!

Contact us if you would like to become more involved in the society by creating a social/service committee, helping out with our events, etc.

## on fire. Seek those who fan your flames" -Rumi VICE-PRESIDENT

PRESIDENT

Melissa Haslam

Psychology Ma-

jor/Chem minor,

Pre-Med

Fav. Quote:

"Set your life



Pre-Med

Fav. Quote: "Be the change you

want to see in the world"

- Gandhi